

WEEKLY

MENU

St Augustine's Secondary School Week Three



Monday

Tuesday

Wednesday

Thursday

Friday

Indonesian Style Chicken Curry with Rice & Poppadum

Middle Eastern Turkey Tagine with Mixed Grains

Minced Beef & Vegetable Pie , Roast Potatoes & Gravy

Korean BBQ Chicken Burger with Kimchi Style Slaw & Wedges

Chip Shop Friday, Fish, Sausages, Fishcakes

Coconut & Red Lentil Dhal with Mini Naan & Poppadum

Middle Eastern vegetable Tagine with Mixed grains

Vegan Lentil & Sweet Potato Cottage Pie

Bombay Potato Frittata with Crispy Bhaji Onions

Butternut Squash & Spinach Lasagne Green Salad

One Pot - Mexican Green Rice Bowl with Roasted Cauliflower & Salsa

One Pot - Chicken Noodles with Curry Broth

One Pot - Chicken Stroganoff & Rice

One Pot- Chicken Goujons & BBQ Sauce

One Pot - Vegetable Chow Mein Noodles

Pasta Bar - Tomato Sauce & Beef Ragu

Pasta Bar - Tomato Sauce & Three Cheese Sauce

Pasta Station - Tomato Sauce & Spicy Sausage

Pasta Station- Tomato Sauce & Arrabiata Sauce

Chipped Potatoes, Beans, Mushy Peas, Gravy & Curry Sauce

BBQ Chicken Pizza / Veggie Option

French Bread Pizza with Spicy Beef, Mozzarella & Tomato

Chicken Tikka, Mango Chutney & Mozzarella Panini

Spinach, Mushroom & Feta Flat Bread Pizza

Sausage, Red Onion & Mozzarella Pizza / Veggie Option

Jacket Potatoes, Sweet Potatoes & Various Fillings

Jacket Potatoes & Jacket Skins & Various Fillings

Jacket Potatoes, Sweet Potatoes & Various Fillings

Jacket Potatoes, Sweet Potatoes with Various Fillings

Jacket Potatoes, Sweet Potatoes with Various Fillings

Chocolate Brownies

Vanilla Cheesecake Pots

Iced Carrot Cake

Chocolate Brownie & Chocolate Sauce

Jam & Coconut Tray bake

Available daily

Chef's Soup of the Day,
Selection Of Fresh Vegetables.
Boxed Salads & Shaker Salads
Sandwiches, Baguettes & Wraps
Fresh Fruit & Dessert Pots